

Tennis



The planning considerations that are common to all curriculum activities can be found in the [CARA generic template](#). These must be considered as well as the activity-specific considerations outlined below.

Activity scope

This guideline relates to student participation in tennis as a curriculum activity, including skills development, training and competitions.

Mandatory/special requirements

Mandatory requirements must be met for the activity to be conducted. Special requirements are to be considered in the planning and delivery of this activity.

Tennis Australia set out [modified rules](#) and equipment requirements for participants who are 10 or younger. Modified versions of tennis may include additional and/or alternate risks and equipment that should be considered in planning this activity.

Guidelines/codes of practice are established for this activity. Refer to [Tennis Australia](#) and [Tennis Queensland](#).

Risk level

- **Medium** risk: Teaching of tennis skills, training and competitions.

Minimum supervision requirements

- Covered in the Planning Considerations section as outlined in the [CARA generic template](#).

Minimum qualifications for supervisors

- A registered teacher with competence (knowledge and skills) in the teaching of tennis.

OR

- A registered teacher or other activity leader with [Tennis Hot Shots](#) coaching accreditation from Tennis Australia. This course may be undertaken through the [Get Active Queensland Accreditation Program](#).

Minimum requirements for equipment/facilities

- A clearly defined playing area (including boundary clearances).
- Adequately enclosed playing courts.
- Racquets that are an appropriate weight and size (including grip size) for the students.
- Footwear appropriate to the playing surface and type of activity (i.e. training or match) and age of participants.



Hazards and controls

Hazards	Control measures
Body contact	<ul style="list-style-type: none"> • During practice, consider the number of students using the available space and adjust the number of students or their positions in relation to one another with their racquets if necessary. • Position any left-handed students on the left of a group for forehand skills practice and on the right of the group for backhand skills practice.
Environmental conditions	<ul style="list-style-type: none"> • Clearly define the playing and clearance areas prior to play commencing (Tennis Australia recommend a minimum clearance of 3.66m between unfenced courts, 5.48m at back of courts and 3.05m at the side of the court to the fence). • If the recommended boundary clearance is not met, provide instructions to the officials/supervisors and players about the limited clearance zone and the steps they could take to ensure safety, including the following: <ul style="list-style-type: none"> - reduce the size of the playing field to achieve an adequate clearance zone - remove spectators/dangerous obstacles within the clearance zone - station supervisors near any obstacles within the clearance zone - pad any obstacles located within the clearance zone. • Ensure the umpire's stand is placed well clear of the net winder, preferably at the opposite side of the court. • Close tennis court gates while activities are being conducted.
Equipment	<ul style="list-style-type: none"> • Check equipment for damage before and during use. • Remove any stray tennis balls from courts. • During practice, retrieve all tennis balls at the same time.
Student considerations	<ul style="list-style-type: none"> • Instruct students to: <ul style="list-style-type: none"> - take care when climbing the umpire's stand, especially if wearing shoes with damp soles - not enter a court to retrieve a ball while play is in progress - change ends by walking around the net post, not by going over or under the net - keep the racquet grip as dry as possible.

Additional links

- Queensland School Sport Unit
<https://queenslandsschoolsport.eq.edu.au/Pages/default.aspx>
- Sports Medicine Australia Injury Fact Sheets
<http://sma.org.au/resources-advice/injury-fact-sheets/>

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