

Diving



Activity scope

This document relates to student participation in platform and springboard diving as a curriculum activity.

Special considerations

Activities involving Diving from pool edge and starting platforms are subject to different risk management considerations, refer to [Swim: Instruction and Activities](#), [Swim: Learn to Swim and Water Safety](#) and [Swim: Training](#) guidelines.

Minimum activity-specific qualifications for supervisors

- **For the adult taking overall responsibility for diving activities:**
 - Bronze Medallion or equivalent (e.g. Pool Lifeguard), **OR**
 - a statement of attainment from a registered training organisation or governing sporting body covering the unit of SISCAQU202A – Perform basic water rescues or equivalent competency, **OR**
 - Competence (demonstrated ability) to recognise, prevent and respond to an emergency in, on and around the swimming pool.

A teacher could demonstrate competency through ALL of the following:

- current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or immediate access to first aid facilities, including qualified personnel
- ability to identify a rescue plan and appropriate rescue aids
- ability to identify a person in difficulty
- demonstrated capacity to undertake a non-swimming and swimming rescue exercise at the facility or comparable aquatic environment (e.g. rope throw rescue, swim to the centre of the pool and retrieve a weighted object from the deepest part of the pool).

Competency is assessed annually and considers the aquatic environment that the activity is taking place in to ensure currency and relevancy.

In circumstances where one person holds both the Bronze Medallion and CPR qualifications and is involved in an emergency situation, another adult present will be required to ensure students exit the water safely and manage effective supervision of students.

- For a registered teacher:
 - Level One coaching qualifications from [Diving Australia](#), **OR**
 - Competence (demonstrated ability/experience) in the specialist area of teaching Diving, **OR**
- For a leader other than a registered teacher, Level One coaching qualifications from Diving Australia.

Minimum activity-specific equipment/facilities

- Whistle.
- Swimming complex with diving facilities incorporated or a separate diving pool which satisfies [Fédération Internationale de Natation](#) (FINA) Dimensions for Diving Facilities requirements.

Activity-specific hazards/risks and suggested control measures

- Provide instruction in appropriate diving techniques.
- Inform students of rules and safety procedures.
- Adhere to FINA Diving Rules.

- Ensure pool is safe and free from potential physical and health hazards.
- Check depth of water, and ensure compliance with FINA Dimensions for Diving Facilities.
- Correctly adjust fulcrum before use.
- Ensure that there is only one person on the board at a time.
- Ensure that no-one moves across the diver's line of vision during back take-off dives.
- Emphasise to students that cross swimming under the diving board is forbidden.
- Note that any distractions (visible or audible) to the diver when dives are being attempted should be prevented.
- Ensure that there is one adult out of the water at all times, ready to perform rescue if required.
- Adopt signals for 'assistance required'.
- Ensure students have reached a level of swimming competency appropriate to the demands of the activity at the selected location.
- Guidelines/codes of practice are established for this activity, refer to Diving Australia, and FINA Dimensions for Diving Facilities.

Useful activity-specific links

- Diving Australia
<http://www.diving.asn.au/>
- Diving Queensland
<http://www.divingqld.org.au/>
- Fédération Internationale de Natation (FINA)
<http://www.fina.org>
- *Swim: Instruction and Activities* – Curriculum Activity Risk Assessment guideline
<http://education.qld.gov.au/curriculum/carmg/pdf/swim-instruction-activities.pdf>
- *Swim: Learn to Swim and Water Safety* – Curriculum Activity Risk Assessment guideline
<http://education.qld.gov.au/curriculum/carmg/pdf/swim-learn-to-swim.pdf>
- *Swim: Training* – Curriculum Activity Risk Assessment guideline
<http://education.qld.gov.au/curriculum/carmg/pdf/swim-training.pdf>

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